

## 11.1 Appendix

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# ARTISTIC THERAPISTS

from

**AURORA - ASSOCIAÇÃO BRASILEIRA DE  
TERAPEUTAS ARTÍSTICOS ANTROPOSÓFICOS**

**[AURORA – Brazilian Association of Anthroposophic  
Artistic Therapists]**



**RTA<sup>1</sup> 75**

**Adriana Mariutti - [a.mariutti@icloud.com](mailto:a.mariutti@icloud.com)**

**Modules 20 – 28 – 30 and complementary module  
= 45UN<sup>2</sup>**

- Artistic therapist and healing pedagogue at the Rudolf Steiner School in Milan
- Degree in Communications and Cinema at FAAP - 1988
- Waldorf Pedagogical Seminar - 2003
- Cinabro School of Anthroposophic Therapy in Milan - 2009
- Academia São Luca - Painting - 2014
- Deepening the Collot d'Herbois Method at Escola Terra de Siena in Florence - 2005- 2015

**Professional activities:-** Since 2005, she has worked as an artistic therapist in her studio in Milan and since 2016 in São Paulo and Campinas.

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<sup>1</sup> RTA -Reconhecimento do Terapeuta Artístico – [Artistic Therapist Recognition]

<sup>2</sup> UN (Unit) –52.5 minute unit



**Adriano Raphaelli** - [adriraphaelli@yahoo.com.br](mailto:adriraphaelli@yahoo.com.br)

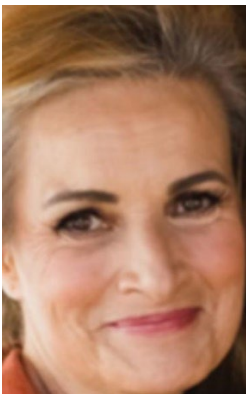
**RTA 45**

**Module 13 = 8UN**

- Artistic therapist through the TerArte training course - 2005
- Degree in Fine Arts from Faculdade Armando Alvares Penteado - FAAP

**Professional activities:**

- Arts Teacher in Waldorf Pedagogy training in: Jaguariuna, Curitiba, Recife and Rio Grande do Sul
- Teacher and coordinator of the Toré Artistic Therapy Training since 2022
- Works as an Artistic Therapist in a private practice since 2007



**Cibele Folegatti** – [cibel99@terra.com.br](mailto:cibel99@terra.com.br) –

**RTA 18**

**Module 5 = 24UN**

- Artistic Therapist trained by the ABMA - Brazilian Association of Anthroposophical Medicine (Centro Paulus de Estudos Goetheanísticos / SP in 1991 with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.
- Degree in Pedagogy from the Pontifical Catholic University of São Paulo
- Additional training – Industrial arts / Art History / Body Therapist.
- Postgraduate in Neuropsychopedagogy – *Instituto Prominas*
- Postgraduate in Conflict Management – *Trilogyinstitute*

**Professional activities:**

- Directs and manages *Espaço Namandu* Educação e Arte Ltda (www.namandu.com.br). Company focused on Training and Pedagogy projects Social, Thematic Workshops and Therapeutic SPA.



**RTA 42**

**PhD Claudia Ota Suginohara**

[claudiaotasug@gmail.com](mailto:claudiaotasug@gmail.com)

**Modules 9 -17-19-21-23 = 96UN**

- Anthroposophical Artistic Therapist at Escola Sagres de Florianópolis and recognized by Aurora – ABTAA<sup>3</sup> and ABMA<sup>4</sup> in 2007.
- Degree in Architecture and Urban Planning from FAU-USP in 1974.
- PhD from FAU-USP in 1989.

**Professional activities:**

- Developed an academic career as a teacher in undergraduate courses for architects, urban planners and industrial designers, from 1972 to 2003, the last being period at the Faculty of Architecture and Communication at UNESP in Bauru.
- Collaborated in the organization of the Lato Sensu Postgraduate Course in Anthroposophical Foundation of Waldorf Pedagogy, from the Social Institute Micael in partnership with Faculdade São Luís de França, in Aracaju (2009).
- Developed experience in caring for people in need of special care, at Casa do Sol, from 2007 to 2016.
- Collaborated in the organization of the Toré Training Course in TAA (2017 to 2018).
- she has worked as an artistic therapist in a studio since 2007.



**Dulcineia Montico – [dulci.montico@gmail.com](mailto:dulci.montico@gmail.com)**

**RTA 28**

**Modules 9 – 17 – 19 – 21 – 23 e 25 = 103 UN**

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<sup>3</sup> AURORA – ABTAA: AURORA – Brazilian Association of Anthroposophic Artistic Therapists

<sup>4</sup> ABMA: Brazilian Association of Anthroposophical Medicine

Anthroposophical Artistic Therapist at the Margareth Hauschka School of São Paulo/SP with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.

**Professional activities:**

- Has worked as artistic therapist: from 1996 to 2004 at Parsifal; from 2012 to 2015 at Travessia; since 2004 at Espaço Sofia, and since 1997 in her studio.
- Has worked as teacher: since 2010 on the TAA Rhodocrosite Course in Buenos Aires; since 2000 in various Therapeutic Education and Social Therapy courses.
- Visual Artist at her “*Caminhos da Seda*” studio.



**Edna de Andrade**

**RTA 07**      [edna@formacaobiograficasp.com.br](mailto:edna@formacaobiograficasp.com.br) – **Module 26 = 2UN**

- Artistic Therapist graduated from the Brazilian Association of Anthroposophical Medicine – ABMA (Centro Paulus de Estudos Goetheanísticos / SP in 1987 with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.
- Training in Biographical Counseling in the first class with Dr Gudrun Buckhard, having been her assistant for many years

**Professional activities:** - Teacher and biographical advisor



**+ Gabriela di Sabbato Seltz – in memoriam – Module 3**

**RTA 08**

**= 5UN**

- Artistic Therapist trained by Dona Eda Jens at Clínica Tobias – 1985 - with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.

**Professional activities:**

- Modeling Teacher at the first Artistic Therapy Training in São Paulo, at the Centro Paulus de Estudos Goetheanísticos [Paulus Center for Goetheanistic Studies].
- Lecturer in TAA<sup>5</sup> Training at TerArte and Associação Sagres.
- Ceramist.
- One of the founders of Ramo Tobias.
- Worked in his studio, having been responsible for coordinating the artistic therapist outpatient clinics at Clínica Tobias and at the Monte Azul Community Association



Gisela Heise [financeiro.aurora.abtaa@gmail.com](mailto:financeiro.aurora.abtaa@gmail.com)

**RTA 08      Modules 12 e 15 = 46UN**

- Artistic Therapist trained by the Brazilian Association of Anthroposophical Medicine – ABMA - Centro Paulus de Estudos Goetheanísticos / SP in 1990 with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.
- Training in Biographical Counseling - 1997
- Formation of DEP – Energy Dynamics of the Psyche – 2002

**Professional activities:**

- Member of the therapeutic medical group at Clínica Tobias – 1993-1997
- Worked with Artistic Therapy and Biographical Counseling at the Oncology Clinic of Dr.Alexandre Eduardo Nowill.
- Has worked in a private studio since 2014

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<sup>5</sup> TAA – Anthroposophical Artistic Therapy



**MD Helena da Glória Medeiros Urban**

**RTA 03**

[urban@uol.com.br](mailto:urban@uol.com.br)

**Modules 1-4-8-16-24-27-28-33-34 -37-38-39 = 173UN**

- Artistic Therapist graduated from the Brazilian Association of Anthroposophical Medicine – ABMA (Centro Paulus de Estudos Goetheanísticos / SP in 1989 with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.
- Master in Fine Arts, from the Department of Art-Education of the School of Communications and Arts of the University of São Paulo – 2003. Master's dissertation: *As experiências iniciais com a linguagem das artes plásticas no contexto da saúde.* [Initial experiences with the language of fine arts in the context of health]. São Paulo, 2003. viii + 196 f. Dissertação (Mestrado) - Escola de Comunicações e Artes da Universidade de São Paulo.
- Strictu-sensu postgraduate degree in Semiotics and Communication from the Pontifical Catholic University of São Paulo - 1977
- Degree in Literature from Mackenzie University and in Music from the Institute São Paulo Musical – 1973
- Training in Psychodramatic Analysis at “*Escola Paulista de Psicodrama*” de 2014 to 2016

**Professional activities:**

- Advisor (since 2007), former president (2004-7), director of the association (1996-1998) and founding member of Aurora – ABTAA.
  - Artistic therapist in ABMA medical course modules - 1992-2000.
  - Visitor to the artistic therapy studio of the anthroposophical clinics of Öschelbronn, Filderlinik and Husemman Klinik in Germany – 1990
  - Guest lecturer on various specialization courses.
  - Congresswoman and speaker representing artistic therapy at various events inside and outside the anthroposophical circuit.
  - Participated in numerous extension and specialization courses in the therapeutic and artistic areas. Published many articles.

- One of the coordinators and teachers at Toré - Training in Anthroposophic Artistic Therapy - since 2018
- Private studio since 1990.



José Amadeu Piovani - [jampiovani@gmail.com](mailto:jampiovani@gmail.com)

**RTA 37 Modules 2 – 10 - 11 – 12 -18 – 19 - 22 – 34 – 35 – 37 – 38 – 39  
= 163UN**

- Anthroposophical Artistic Therapist from the Margaret Hauschka School, São Paulo/SP -1996 with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.
- Degree in Law from Mackenzie University – 1978
- Fine arts: ECA-USP School of Communications and Arts – 1974/76 (incomplete)
- Therapist in Special Resources/Extra Lesson - Brazil ratified by the Association for Healing Education, California, USA. 2003

#### **Professional activities:**

- Teacher of fine arts at the Cultural Workshops of the State Education Department /SP – 1990 to 1995
- Outpatient clinic coordinator of the Artistic Therapy at Clínica Tobias/ABMA, São Paulo, SP – 2007/2010
- President of AURORA - Brazilian Association of Anthroposophical Artistic Therapists, 2007/2011
- Member of the board of the Anthroposophic Artistic Therapy course at Associação Sagres, Florianópolis, SC – 2009
- Member of the pedagogical coordination of the Toré Anthroposophical Artistic Therapy course since 2019





**Leonel Rosales – Module 13 = 15UN**

Graduated from Alanus Hochschule, Germany and the Tobias School of Art

He taught at the Brazilian Association of Anthroposophical Medicine – ABMA - Centro Paulus de Estudos Goetheanísticos / SP (1986 to 1992) training course with Ada Jeans and later with Marta Carrillo ( Hauschka training course of TAA in São Paulo)

**Professional activities:**

He worked as an independent artistic therapist and has taught on several courses. He is currently a volunteer teacher at the São Joaquim Association to support maturity.



**Márcia Abumansur – [marciaabu@gmail.com](mailto:marciaabu@gmail.com)**

**RTA 10**

**Modules 7 – 26 – 31 = 53UN**

- Artistic Therapist graduated from the Brazilian Association of Anthroposophical Medicine – ABMA - Centro Paulus de Estudos Goetheanísticos / SP in 1987 with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.

- Graduated in Journalism from the Pontifical Catholic University of São Paulo

- Graduated in Psychology from the Salesian University in Campinas/SP - 2021
- Specialization in Transpersonal Therapy from the Escola da Dinamica Energética do Psiquismo DEP/SP in 2000.

**Professional activities:**

- Founding member of AURORA- ABTAA and president from 2000 to 2004.
- Painting and drawing teacher in training courses in Anthroposophic Artistic Therapy in several training courses: ABMA (Centro Paulus) and assistant to D. Ada Jens 1988 / 1991; Margarethe Hauschka School 1993/1995; Terarte 2002/2008; Toré Training in Anthroposophic Art Therapy - since 2019
- Part of the group of Toré coordinators - Training in Anthroposophic Art Therapy since 2022
- Art teacher in Anthroposophy courses for Health professionals at ABMA / SP since 2002, having also worked in courses in Campinas and Sorocaba (SP), Belo Horizonte (MG), Brasília (DF), Rio de Janeiro (RJ) and Recife PE)
- Arts teacher in Therapeutic Education courses in São Paulo and Campinas (SP), Olinda (PE)
- Works as an artistic therapist and psychologist in her office in Campinas (Sousas) / SP



**Maria Alice Martins** - [alicenobre.m@hotmail.com](mailto:alicenobre.m@hotmail.com)

**RTA 02**

**Module 3 = 16UN**

- Artistic Therapist graduated from the Brazilian Association of Anthroposophical Medicine – ABMA -Centro Paulus de Estudos Goetheanísticos / SP in 1987 with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.

**Professional activities:**

- Worked at Clínica Antroposofica Tobias for 10 years,
- Taught in TA courses and ABMA Medical Training courses,
- Training in Transpersonal Therapy Energy Dynamics of the Psyche in SP,
- Training in Brief Therapy at Human Givens College, England.



**Maria Cecília Dell'Acqua Tilkian - [cecitilk@gmail.com](mailto:cecitilk@gmail.com)**

**RTA 50**

**Module 34 = 19UN**

- Graduated in artistic therapy from TerArte training course - 2005
- Degree in Fine Arts from Mackenzie University
- Postgraduate in Arts from Faculdade Rudolf Steiner
- Visual Artist

**Professional activities:**

- Has been teaching arts for 45 years to all ages and in different backgrounds of teachers and therapists.
- Worked in the third sector
- Member of the Anthroposophical Medical Section of Brazil, where she represents artistic therapy



**MD Maria Laura Gutierrez**

**RTA 43**

**[mlauragutierrez@gmail.com](mailto:mlauragutierrez@gmail.com) – Module 29 = 17UN**

- Anthroposophical Artistic Therapist at Escola Sagres de Florianópolis and recognized by the National Anthroposophical Medicine Association and the Aurora – ABTAA in 2007.
- Degree in Computer Science from the University of Buenos Aires in 1985.
- Group Operator and Operational Psychologist from the Escola Superior de Psicologia Operativa Dr. O'Donnell in 1990
- Master in Clinical Psychology from the University of Sao Paulo (USP - SP), with the dissertation on the role of Madonnas in the Human Soul - 2011.
- Sculptor at the São Paulo Arts Center in 1996

**Professional activities:**

- Lecturer in Pedagogy, Curative Pedagogy and Anthroposophical Medicine in Buenos Aires.
- Artistic Therapy Seminars in Argentina, Chile, Brazil and Germany.
- Foundation and Coordination of Artistic Therapy training in Buenos Aires, offered by the Associação Rhodocrosita Esmeralda since 2008. The School received international certification from the Goetheanum, Switzerland, (January 2020).
- Courses on specific themes of artistic therapy and on the feminine as a therapeutic condition.
- Clinical work as an art therapist



**Mary Lucy Porto – [maryporto@uol.com.br](mailto:maryporto@uol.com.br)**

**RTA 01**

**Module 32 = 2UN**

Visual artist from the studio of painter Luís Almeida Júnior and from the Institute of Fine Arts. She attended Escola Brasil and attended the studios of Carlos Fajardo and Dudi Maia Rosa In São Paulo.

She drew at the L'Atheneum School of Graphic Arts, in Lausanne (Switzerland), and took a watercolor course with the american Claude Croney. She participated in several metal engraving, wood engraving and sumiê (Japanese technique) courses in Brazil.

**Professional activities:**

She is an Artistic Therapist from the Brazilian Association of Anthroposophical Medicine – ABMA (Centro Paulus de Estudos Goetheanísticos / SP) in 1990, with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007

She was president over the Board of Aurora-ABTAA (Brazilian Association of Anthroposophic Therapists) for two terms (1996-8 and 2018-2022) and currently presides over the Toré Arts Association, sponsor of the Toré-Training course in Anthroposophic Artistic Therapy, in São Paulo.

She is the author of the book "O Ciclo das Mandalas" (Ed. Antroposófica, 2009). She presented work at congresses, corporate workshops and lectures held in several states across the country.

She works as an artistic therapist in São Paulo, and teaches two courses regularly: The Cycle of Mandalas, which involves the practice of creating and elaborating mandalas, and “Velado Revelado”, which addresses issues of painting and watercolor art, such as transparency and color overlay



Roseni Maria Pretti - [rosenipretti@gmail.com](mailto:rosenipretti@gmail.com)

**RTA 24                      Modules 6 e 32 = 45UN**

- Artistic Therapist trained by the Brazilian Association of Anthroposophical Medicine – ABMA - Centro Paulus de Estudos Goetheanísticos / SP in 1990 with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.

- Degree in Occupational Therapy (FCMMG1998)

**Professional activities:**

- Coordinator and teacher of the 1st Training Course in Artistic Therapy Belo Horizonte in BH / Minas Gerais

- Teacher of basic and medical anthroposophy courses at ABMA-Minas Gerais and other regions

- Coordinator of basic and medical anthroposophy courses at ABMA – MG

- Preceptor of the didactic and social artistic therapy outpatient clinic at ABMA – MG

- In-office service since 1992



Simone Ornelas – [simoneof@yahoo.com.br](mailto:simoneof@yahoo.com.br)

**RTA 14                      Modules 2 e 37 = 12UN**

- Artistic Therapist graduated from the Brazilian Association of Anthroposophical Medicine – ABMA (Centro Paulus de Estudos Goetheanísticos / SP in 1989 with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007).
- Degree in Psychology from Fumec/MG (1987).
- Biographical Counseling (individual and groups).
- Family therapist graduated from the Institute of Family Therapy – SP (2002).

**Professional activities:**

- Founding member of Aurora – ABTAA
- Has worked at Clínica Tobias since 1990.
- Teacher of artistic activities in basic and secondary anthroposophic medicine courses – ABMA – since 2002.
- Coordinator of the ABMA Social Didactic Outpatient Clinic – TA sector (2002-2006).
- Has carried out supervision and assistance work in artistic therapy with children in the Paraisópolis slum (Mosteiro São Geraldo) since 2007.



**Vera Furlan Orgolini – [veraorgolini@terra.com.br](mailto:veraorgolini@terra.com.br)**

**RTA 36**

**M 4 -14 – 24 – 27 – 28 – 34 – 35 – 36 – 37 – 38 e 39 =  
179UN**

- Artistic Therapist graduated from the Margarethe Hauschka School in São Paulo / SP, with confirmation of the profession by the Medical Session of the Goetheanum – Dornach / Switzerland in 2007.
- Graduated in Communication and Arts from Faculdade Armando Álvares Penteado

- Transpersonal Therapist by DEP – “Escola Dinâmica Energética do Psiquismo”
- Biographical advisor at ELEB – Free School of Biographical Studies
- Latu Senu Postgraduate Degree in Theories and Techniques for Integrative Care by UNIFESP
- Waldorf teacher for 15 years at Rudolf Steiner School in São Paulo
- Coordinator and therapist for 24 years at Artemisia – Human Development Center

**Professional activities:**

- Member of Aurora's Board of Directors and advisor since 2004 and president for 5 years
- Postgraduate classes at Unifesp – “Antroposofia na Saúde [Anthroposophy in Health] and others
- Member of the Pedagogical Coordination and tutor of the first group of students at Toré – training in Anthroposophic Artistic Therapy
- Current General Pedagogical and Administrative Coordinator of TORÉ - Training in Anthroposophic Artistic Therapy.
- Works in private practice and medical clinic providing individual and group care

**DOCTORS**

from

**ABMA – ASSOCIAÇÃO BRASILEIRA DE MEDICINA  
ANTROPOSÓFICA**

**[Brazilian Association of Anthroposophical Medicine]**





**Ana Paula Cury** [apic@pnl.com.br](mailto:apic@pnl.com.br)

**Module 11 = 10 UN**

Medical training (1988 at UFMG) expanded by Anthroposophy.

Master Practitioner in Neuro-Linguistic Programming.

Additional training in Biography, Systemic Constellations, Somatic Experience, Higher School of Medical Biomagnetism.

Founder of the Rudolf Steiner Waldorf School Parents School (2009)

Coordinator of the Semear Project in Paraisópolis.



**Ariane Gianfelice Castro Nascimento**

[arianeg.castro@gmail.com](mailto:arianeg.castro@gmail.com) – **Module 13 = 4UN**

Graduated in Medicine from the University of Santo Amaro/SP in 2004, specialized in Family Medicine from the Brazilian Society of Family Medicine in 2007 with an elective internship at the University of Wisconsin (USA), department of Family Medicine in April/2008. Titled Family Doctor by the Brazilian Medical Association.

Postgraduate degree in Geriatrics and Gerontology from the Escola Paulista de Medicina da Universidade Federal de São Paulo (UNIFESP - 2010)

Specialization in Palliative Care at Instituto São Camilo for 488 hours in 2014; Anthroposophical Medicine course completed in 2012. and Basic Anthroposophy completed in January 2011.

She worked as clinical coordinator and technical manager of the Monte Azul Integrative Practices outpatient clinic from 2014 to 2019; Clinical coordinator for chronic patients at Home Care company “Integral Saúde” in the second half of

2016 and at GSC from 2018 till today. Doctor of three Emergency Pedagogy interventions in Brazil – Assistance to the families of children burned at the Janaúba Creche in 2017, Brumadinho in February 2019 and action together with the Fraternidade health team for Venezuelan refugees in Roraima in March 2021.

Assistant physician in the Palliative Care group at Hospital das Clínicas de São Paulo 2012-2016; Doctor of the dehospitalization and home care program by the city of Barueri in 2012-2013; Premier Hospital – Palliative Care in 2012 and 2013; Family Doctor of the “Family Health Strategy” program at the Fundação Faculdade de Medicina da USP between 2010 and 2011 and at the Monte Azul Community Association in 2008 and 2009; Service in the clinical area of the “Lívio Amato” Health Center – Vila Mariana in 2008; Development of multidisciplinary health actions in the shelter for teenagers “Casa da Vó Ilza” (Vila Mariana) through a project developed together with Prof Dr Katsumi Osiro (EPM) in 2008; Voluntary clinical care activity in the city of Oeiras (hinterland of Piauí) with the ONG - GEPAC in July 2001.



**Carmen Ligia Cucê Nobre**

[carmenlcnobre@gmail.com](mailto:carmenlcnobre@gmail.com) - **Module 21 = 10UN**

Graduation in Medicine Faculty of Medicine of Ribeirão Preto, University of São Paulo, FMRP -USP

Training in Anthroposophical Medicine by the Brazilian Association of Anthroposophical Medicine

Improvement in Family Medicine and Community Medicine by the Municipality of São Paulo

Specialization in Pediatrics from the Department of Pediatric Clinic at Fundação Bradesco – Hospital Edmundo Vasconcelos, São Paulo

Postgraduate, master's level, in Health Education from Universidade Paulista, UNIP;

Member of the postgraduate faculty at Faculdade Rudolf Steiner;

Member of the faculty of the Brazilian Association of Anthroposophical Medicine improvement course

Consultant in School Medicine at “*Escola Livre Areté*”, São Paulo.



**Derblai Sebben** - [drils@hotmail.com](mailto:drils@hotmail.com) -

**Module 30 = 6 UN**

Has studied and practiced Anthroposophy since 1983.

Graduated from the Federal University of Santa Catarina in 1984.

Completed a medical residency in Nephrology in 1987, at the Hospital Evangélico de Curitiba.

Interned at Clínica Tobias in 1991, under the supervision of Dr. B. Kaliks, where he began intense work with Anthroposophical Medicine.

Worked in Waldorf schools and still works at Associação Beneficente Parsifa, where he supports students and young people who need special care.

Studied Biological Rhythms (USP) and Sleep Medicine (UNIFESP) and did research in this area (evaluating sleep quality in children and adolescents).

Currently practicing Anthroposophical Medicine at Casa 44.



**Darlan Schotz Ferreira**

[oladarlan@gmail.com](mailto:oladarlan@gmail.com) - **Module 32 = 10UN**

Doctor graduated from the Federal University of Rio de Janeiro in 1985.

Recognized as an anthroposophic doctor by the Brazilian Association of Anthroposophical Medicine.

Specialist in Homeopathy from the Hahnemanian Institute of Brazil.

Postgraduate degree in Waldorf Pedagogy, Contemporary Philosophy, Jungian Psychology and higher education didactics course.

Medical practice in the areas of general practice and school medicine.

Professor in various anthroposophical training courses for doctors, therapists, psychologists and educators.



**MD Iracema Benevides**

[iracema.benevides@gmail.com](mailto:iracema.benevides@gmail.com)

**Module 1 = 4UN**

Degree in medicine from the Federal University of Minas Gerais (1992)  
Specialization in General Surgery from the Benjamim Guimarães Foundation (Hospital da Baleia de Belo Horizonte, 1995)

Master's degree in International Health Management, Economy & Politics, MIHMEP - Università Commerciale Luigi Bocconi of Milan (2010).

Specialization in Homeopathy from the Homeopathic Medical Association of Minas Gerais - AMHMG (1999) and in Anthroposophical Medicine from the Brazilian Association of Anthroposophical Medicine - ABMA Nacional (2002) and from Lukas Klinik, Switzerland (2000).

Completed the specialization in Nutrology at ABRAN in partnership with Santa Casa de São Paulo in December 2012.

She worked as a consultant for the Ministry of Health, the Fernando Figueira Institute of Integral Medicine (PE) and the Pan American Health Organization between 2004 and 2011.

She worked as a teacher in Public Health, Medical Semiology and Community Practices in medical courses at the Faculty of Health and Ecology at PUC-Betim (MG).

She served as President of the Brazilian Association of Anthroposophical Medicine-ABMA Nacional during the period from 2014 to 2020.

She has gained extensive experience in the areas of Public Health, with an emphasis on Primary Health Care and Family Health; Integrative and Complementary Practices with an emphasis on Homeopathy, Anthroposophical Medicine and Integrative Oncology; Food and human nutrition; Management, Research and Evaluation in Health.

She is currently Director of the Instituto Artemis de Terapias Antroposoficas, in Belo Horizonte (MG), where she works with general adult practice expanded by Anthroposophical Medicine and also with Integrative Oncology.

She is affiliated with the Academy of Integrative Health and medicine (AIHM), president of the Anthroposophical Association Estrada Real (AAER) and Vice-President of the International Federation of Anthroposophical Medicine Associations (IVAA).



**José Carlos Neves Machado –**

**[josecarlosnm@hotmail.com](mailto:josecarlosnm@hotmail.com) – Module 14 = 4UN**

Pediatrician with training in Homeopathy, Chinese Medicine/Acupuncture (UNIFESP) and Anthroposophy (ABMA).

Postgraduate in Child Psychoanalysis (Sedes Sapientiae Institute) and School and Children's Doctor (Medical Section - Goetheanum).

Representative of School Medicine by CMA and ABMA/National.

He works in private practice and works in schools under the guidance of Waldorf Pedagogy.

Speaker, organizer and creator of the CIRANDA DE PAIS project (meetings with themes related to Child Development under the perspective of Anthroposophy).

Blog Creator – [mediconaescola.com](http://mediconaescola.com)

He is currently involved as an organizer of Pedagogical Medicine training courses (SP) and Waldorf Pedagogy training courses (Ribeirão Pires and Salvador)



**PhD Jorge Kioshi Hosomi**

[jorgehosomi@uol.com.br](mailto:jorgehosomi@uol.com.br) - **Modules 10 e 33 = 14UN**

Homeopathic doctor and acupuncturist; with expertise in pain.

Specialist in Clinical Research from Harvard Medical School.

Specialist in Anthroposophy in Health from UNIFESP.

Master and PhD in Medicine from UNIFESP.

Member of the Acupuncture Outpatient Clinic of the Multidisciplinary Pain Center of the Hospital das Clínicas of USP and teacher of specialization courses in Anthroposophy in the health area.



**Michael Yaari - Module 18 = 10UN**

- Family and Community Doctor and Anthroposophical doctor
- Postgraduate degree in Geriatrics and Palliative Care.



- Currently works at the Geriatrics reference center in Paulínia and in a private practice at Casa Aurum in Campinas, in addition to Casa de Serviços Rafaélco (social assistance project in Anthroposophical Medicine) also in Campinas.
- He is a professor at ABMA and has various degrees in Anthroposophy courses.



**Nilo Gardin - [nilogardin5@gmail.com](mailto:nilogardin5@gmail.com)**

### **Modules 3 – 15 e 31 = 26UN**

Doctor graduated from the State University of Londrina/Paraná.

- Graduated in anthroposophic medicine and postgraduate in homeopathy
- Specialist title in clinical medicine and hematology
- Professor of medical training courses at the Brazilian Association of Anthroposophical Medicine, with clinical practice in integrative medicine
- President of the League of Users and Friends of Medical Art Expanded by Anthroposophy (LUAAMA)
- Member of the Brazilian Academic Consortium for Integrative Health (CABSIN).
- Coordinator of the Complementary Medicine Committee of the Brazilian Association of Palliative Care
- Author of books:
  - Anthroposophic medicines: Vademecum. Gardin NE, Schleier R. São Paulo: João de Barro; 2009.
  - Fundamentals of anthroposophy applied to health. Gardin NE. São Paulo: Liber Vitae; 2021.



**Regina Helena Ribeiro - Module 8 = 10UN**

Doctor from the Federal University of Santa Catarina

Anthroposophic doctor for 40 years – general practice

Trained in Healing Eurythmy

Training in Goethanism at the Nature Institute

Co-Founder of the Lapidar Therapeutic Association for the treatment of Chemical Dependency

Training in Biodynamic Osteopathy in the USA

Teacher in Curative Pedagogy and Social Therapy training for 30 years



**PhD Ricardo Ghelman - [ghelman@gmail.com](mailto:ghelman@gmail.com)**

**Module 4 = 4UN**

Founding President of the Academic Consortium for Integrative Health (CABSIN)

Member of the WHO, specialized consultant for Traditional, Complementary and Integrative Medicine (TCIM) and TCIM of the American/PAHO network.

Pediatrician, pediatric oncologist and contributing professor in the Department of Medicine and Primary Care at the Federal University of Rio de Janeiro, Brazil.

Member of the international research council on Anthroposophical Medicine, Goetheanum, Switzerland and a member of the research group at the Medical Research Laboratory, University of São Paulo, specializing in herbal medicine.



Coordinates the CABSIN TCMI evidence maps on clinical effectiveness in collaboration with BIREME / PAHO.

Ambassador for the Society of Integrative Oncology for Brazil and president of the Department of Integrative Medicine for children and adolescents at the Pediatric Society of São Paulo and a pioneer of integrative pediatrics in Brazil.



**PhD Ricardo Leme - [rjleme@hotmail.com](mailto:rjleme@hotmail.com)**  
**Modules 22 e 25 = 6UN**

- Neurosurgeon at the Hospital das Clínicas of the Faculty of Medicine of USP
- PhD in Sciences from ICBUSP
- Physicist from the University of São Paulo (USP)
- Specialized in Anthroposophical Medicine by ABMA
- Author of the book and blog: *Health is Consciousness*



**Rômulo de Mello Silva**

**Module 19 = 10 UN**

- Graduated in medicine from the Federal University of Juiz de Fora, in 1980.
- He had his first contact with Anthroposophy, at the age of 21, in 1978.
- Teacher of the Training Course in Anthroposophical Medicine at ABMA (Brazilian Association of Anthroposophical Medicine), since 1996.
- Works at the ABMA Popular Medical Outpatient Clinic since 1998.



**Ronaldo José Lima Perlatto**

[ronaldoperlatto@terra.com.br](mailto:ronaldoperlatto@terra.com.br)

**Module 12 = 10UN**

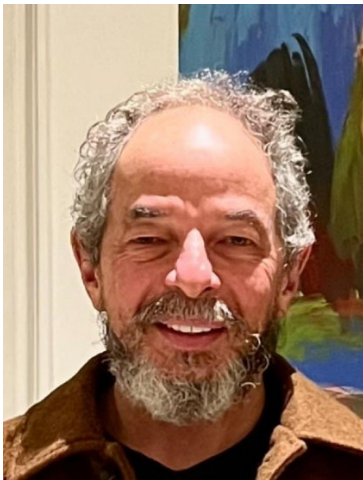
- Doctor from the Federal University of Juiz de Fora.
- He has worked as an Anthroposophical doctor for 37 years.
- He presided over the Brazilian Association of Anthroposophical Medicine (ABMA Nacional).
- Teacher of ABMA National and Regional courses.
- Graduated Biographical Counselor;
- He is the founder and manager of the Free School of Biographical Studies-São Paulo, acting as coordinator and teacher.
- Member of the Association of Biographical Counselors.
- He has worked as a coordinator of biographical groups for 23 years.
- Member of the International Trainers Forum (ITF)



**Samir Wady Rahme –**

[sawara@terra.com.br](mailto:sawara@terra.com.br) – Modules 6 e 20 = 20UN

- He studied medicine at the Federal University of Juiz de Fora between 1976 and 1981.
- Studied Composition and Conducting at Unesp between 1996 and 2002.
- He was president of the Brazilian Association of Anthroposophical Medicine for three terms between 1998 and 2004
- Founding conductor of the *Orquestra do Limiar* - string orchestra that actively participates in the Music in Hospitals Project of the Associação Paulista de Medicina since 2004, exclusive sponsorship of a laboratory.
- Farmer since 2006, in the south of Minas Gerais, being the producer of the first biodynamic olive oil in Brazil: Zelt
- Medical consultant at Weleda of Brasil since 2008.



**PhD Sérgio Spalter - Modules 2 e 4 = 16UN**

Pediatrician

PhD in immunology

Training in Goethean Science in the United Kingdom

He has been teaching Goetheanism courses for 25 years



**Sonia Setzer – [sosetzer@gmail.com](mailto:sosetzer@gmail.com)**

### **Modules 16 – 36 e 38 = 33UN**

- Graduated in medicine from the Faculty of Medicine of the University of S Paulo
- Specialization in Anthroposophical Medicine in Arlesheim, Switzerland
- General practice for adults and children
- School doctor at the Rudolf Steiner School in São Paulo from 1972 to 1999
- President of the Brazilian Association of Anthroposophical Medicine (ABMA) from 1991 to 1999
- Coordinator of the Rudolf Steiner Branch of São Paulo, of the Anthroposophical Society in Brazil
- Teacher, mainly in the health and pedagogical areas, in courses on the legend of Parsifal and speaker on anthroposophy topics.
- Translator of foreign speakers and anthroposophical works
- Author of books:

*Parsifal, a precursor of the modern human being*

*Illness and Healing – the therapist's inner path in the light of the King of the Grail's healing*

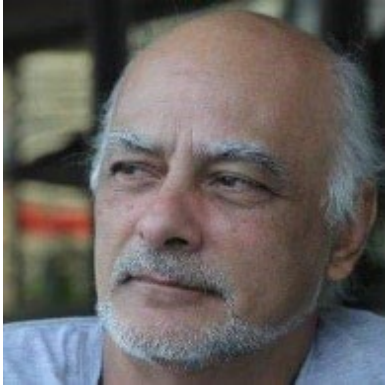
- Since 2016, she has been one of the general secretaries of the Anthroposophical Society in Brazil



**Terezinha Sales - [tsallesnm@gmail.com](mailto:tsallesnm@gmail.com)**

### **Module22 = 8UN**

- Specialist in psychiatry from the Brazilian Psychiatric Association. Anthroposophical doctor by ABMA.
- Teacher of the Anthroposophical Psychology course at the Sapientiae Institute.



**PhD Wesley Aragão de Moraes**

**[wama933@gmail.com](mailto:wama933@gmail.com) – Module 9 = 10UN**

- Doctor graduated from the Federal University of Juiz de Fora (UFJF), 1982
- Anthroposophical Doctor accredited by ABMA
- Master in Science of Religion, PPGCR, UFJF, 1989
- PhD in Anthropology, National Museum of UFRJ, 2001
- Training course teacher and workshop coordinator in different cities, since 1985
- Author of books on medicine, Brazilian culture, health, esotericism and other topics
- Visual Artist and Musician

## **DENTIST**



**Célia Lulo Galitesi – [lulogalitesi@uol.com.br](mailto:lulogalitesi@uol.com.br)**

**Module 28 = 5UN**

- Dental Surgeon with continuous clinical practice since 1985 SP/Brazil;
- Director of Clínica OdontoLulogia Moema-SP

- Coordinator and teacher since 2001 of the Qualification Course in Anthroposophical Dentistry of the I.D.E.I.A-Br Association, made official by the CFO.
- Specialization in Functional Jaw Orthopedics/CFO;
- Master's degree in Orthodontics/FHO;
- Qualification in Phytotherapy/CFO;
- Qualification in Anthroposophical Dentistry•IDEIA-CFO
- Researcher and author of books on anthroposophic dentistry, a pioneer in the area.
- International Anthroposophical Certification by Medical Goetheanum - Switzerland.
- Director Member of the Brazilian Association of Anthroposophical Dental Surgeons • I.D.E.I.A. – [www.odontologiaantroposofica.com.br](http://www.odontologiaantroposofica.com.br)
- Management and contribution to the core Curriculum IVAA, for International Anthroposophical Dentistry.
- President of the Technical Chamber of Anthroposophy and Phytotherapy of the Regional Dentistry Council - SP/Br.
- Member of the Anthroposophical Multidisciplinary Committee - CMA.
- Member of the Anthroposophy Committee of the Brazilian Academic Consortium for Integrative Health – CABSIN.
- Author of hundreds of publications.

## EURYTHMY



Ana Teresa Penteado [atpenteado@uol.com.br](mailto:atpenteado@uol.com.br)

**RTA 06**

**Modules 5 – 7 – 11 e 12 = 20UN**



- Graduated in pedagogy from PUC São Paulo and in Artistic Therapy from the Centro Paulo de Estudos Goetheanísticos.

- Completed her studies in Eurythmy with a pedagogical specialization, recognized by the Section of Oratory and Musical Arts, and in Therapeutic Eurythmy recognized by the Medical Section, both Sections of the Goetheanum-Switzerland.

- Her work took place in her office, teaching classes in schools, in various anthroposophical training courses and in artistic groups that toured Brazil and Europe.

- She is coordinator and teacher of Eurythmy Training in Brazil and tutor in training courses in Latin America.

- Always active in the various Associations, she has been director of Aurora ABTAA, ABRE Associação dos Eurythmistas and currently, coordinating the Medical Section of Brazil



**Juliana Klinko - [klinko@gmail.com](mailto:klinko@gmail.com)**

**Modules 37 e 38 = 4UN**

- Graduated in Biological Sciences from the University of São Paulo in 2001.

- Graduated in artistic and pedagogical Eurythmy from the Brazilian Eurythmy Training Center in 2009 and has worked for 11 years in Waldorf schools teaching children and adolescents.

- Graduated in Therapeutic Eurythmy in 2019 and in Biographical Counseling in 2014, she also provides therapeutic services.

- Worked in several anthroposophical trainings such as the EcoSocial Change Management program, training in Biographical Counseling, Waldorf teacher seminars, and the Science Group of the Brazilian Federation of Waldorf Schools.

- Has taught a 3-month course at SESC Pinheiros in 2011.

- She is Director and Secretary of the Brazilian Association of Eurythmists.

- She has been member of the São Paulo Experimental Eurythmy Group since 2010, having performed several artistic presentations

- She works with adults

## **MUSIC AND SINGING**



**Bettina Irene Happ - [amar3te@gmail.com](mailto:amar3te@gmail.com)**

**Modules 10-13-20- 28 – 29 - 30 – 31 – 33 = 23UN**

- Training in carpentry in Germany (1987-1991),
- Attended the Technical College of Engineering in Germany (1991-1992)
- Partially attended the Faculty of Social Sciences in Germany (1993-1997).
- Completed training in Curative Pedagogy and Social Therapy at Parsifal in São Paulo (1998-2001).
- She has been working in institutions for 17 years.
- She has been teaching and promoting workshops since 2004.
- She completed the Anthropomusic course in Botucatu (2008-2010), and the Cantotherapy Training in Florianópolis (2012-2016).
- She has been Coordinator of free training in Singing and Cantotherapy at Escola Raphael at Sagres Association in Florianópolis since 2019.
- She has worked as a therapist since 2012





**PhD Marcelo S. Petraglia**

[marcelo@ouvirativo.com.br](mailto:marcelo@ouvirativo.com.br)

**Modules 6 – 14 – 18 e 19 = 17UN**

- Music Educator graduated from ECA-USP, specialist in Hospital and Organizational Music Therapy from FMU, master in Biology from UNESP-Botucatu and PhD in Social Psychology from the Institute of Psychology at USP.
- Dedicated to the study of musical, sound and vibratory phenomena and their relationship with human beings and the environment.
- His work focuses on human development through music, working as a teacher to train professionals in the musical field and in human and organizational development projects with companies and the third sector.

Since 1990, he has been a permanent or guest professor in several anthroposophical training programs in Brazil in the areas of pedagogy, medicine, agriculture, eurythmy and social development.

Director of Instituto OuvirAtivo and Postgraduate Coordinator of the Rudolf Steiner College.

Currículo Lattes: <http://lattes.cnpq.br/4132034082959952>

Website: [www.marcelopetraglia.com.br](http://www.marcelopetraglia.com.br) 90



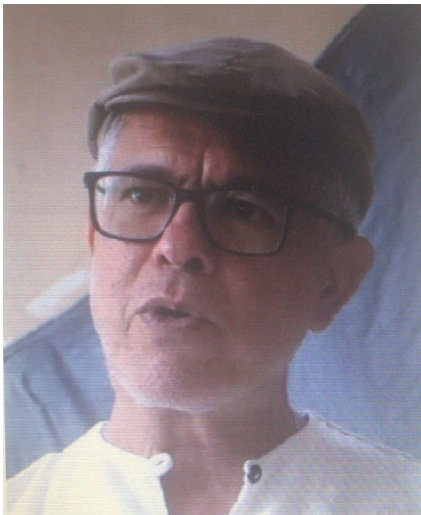
**Maria Inês Nigro Campos**

[inesnigro@hotmail.com](mailto:inesnigro@hotmail.com)

**Modules 1 – 2 – 3 – 4 – 8 – 9 – 15 e 16 = 40UN**

- Graduated in Industrial Design from Faculdade Armando Álvares Penteado.
- Postgraduate degree in Music Therapy from Faculdade Paulista de Artes
- Anthroposophical Training: Therapeutic Education and Social Therapy and Singing and Canto therapy at the *Escola do Desvendar da Voz*
- Professional work: Music therapist and singer at Associação Beneficente Parsifal and Espaço Sofia
- Coordinator of music workshops in training courses in Therapeutic Education and Social Therapy

**Therapeutic education and social therapy, pharmacy,  
philosophy/priest, Waldorf pedagogy, social pedagogy,  
psychology**



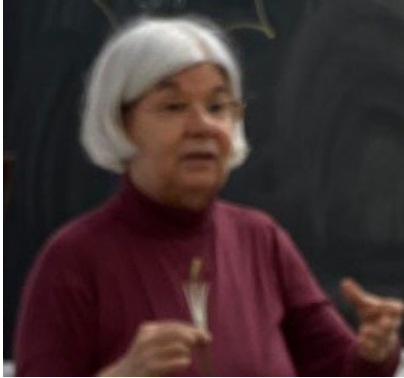
**Carlos Maranhão**

[carlosmaranhao004@gmail.com](mailto:carlosmaranhao004@gmail.com)

**Modules 23 e 24 = 20UN**

- Graduated in Economics from the São Luís Faculty of Economics and in Philosophy from USP.
- Consecrated as a priest of the Community of Christians at the Stuttgart Seminary in February 2015.
- Currently a priest at the Community of Christians in Botucatu/SP.
- He has been a high school Philosophy teacher at Escola Waldorf São Paulo from 2005 to 2012
- Member of the board of directors of the *Sociedade Antroposófica* from 2005 to 2012 and Director of *Editores Antroposófica* from 2007 to 2012.

- Lecturer on the Administration course at UNIP from 2001 to 2007.
- Public employee at Banco do Brasil from 1983 to 2001.



**Marilda Milanese – [marildamila@uol.com.br](mailto:marildamila@uol.com.br)**  
**Module 7 = 10UN**

- Biochemical pharmacist graduated from USP with courses and internships in Europe.
- Biographical advisor at ELEB SP
- Teacher of anthroposophical training courses and speaker on anthroposophy topics.
- Director and founder of *Sirimim* and *Farmanthropo*

**Mathias Zaeslin - [zaeslin@yahoo.com.br](mailto:zaeslin@yahoo.com.br)**

**xxxxxxxxx**

**Module 5 = 10UN**

- High School Arts Teacher at Escola Waldorf Rudolf Steiner since 2008.
- Teacher at Rudolf Steiner College and in Waldorf Teacher Training seminars.
- Graduated in Visual Arts from Faculdade Paulista de Artes in 2008.
- Graduated from the Waldorf Teacher Training Course for High School at the Center for Anthroposofy in Winton, USA in 2018.
- Father of three Waldorf students.



**Ney Luiz Picado Alvares - [alvaresney@gmail.com](mailto:alvaresney@gmail.com)**

### **Module 37 = 3UN**

- Degree in Psychology from the Pontifical Catholic University of São Paulo (1987)
- Specialization in Gestalt Therapy from the Sedes Sapientiae Institute (1998 - 2000), Advanced Training in Couples and Family Therapy from the Gestalt Center of Montevideo (2004).
- Improvement in Training and Coordination of Groups in Phenomenology (2008-2009) at the Pontifical Catholic University of São Paulo, PUC/SP, Brazil.
- Training as a Meditation instructor at the Palas Athena Institute (2008-2009).
- Specialization in Biographical Counseling in Anthroposophy (Goetheanum). International Trainers Forum, ITF, Switzerland. 2003 – 2006).
- Training in Psychology Based on Anthroposophy coordinated by the couple Ad and Herriette DekKers (Goetheanum. Switzerland).
- In-depth courses in Anthroposophy with Dr Gerardo Antonorsi Blanco (Trimenbration/Tetramenbration, Four Kingdoms, What it means to be an Adult, Methodology, among others - 1989-1993)



**Anna Maria Hultmark Varejão**

**[annammvh@gmail.com](mailto:annammvh@gmail.com) – Module 13 = 2UN**

- Psychology at Stockholm University, Sweden; 1973 – 1976
- Administration of Uppsala University, Sweden, long distance – 1981 à 1983
- Social Therapist – Diploma in “Curative Pedagogy and Social Therapy” - training at Parsifal, group from 2001 – 2004
- Professional activity at Parsifal Association from 202 till today
- She has been the CEO of FETTS – Federation of Therapeutic Education and Social Therapy of Brazil since 2013



**Lúcia Sígolo - [luciasigolo@gmail.com](mailto:luciasigolo@gmail.com)**

**Modules 15 – 17 – 25 = 12UN**

- Consultant, social entrepreneur, public administrator - FGV-SP, postgraduate CEAG FGV/SP in partnership with ISA-HEC (France).
- Experience in the financial market with large companies and banks in Brazil and in France, where she lived for 10 years.
- She has worked in the areas of strategic planning, management and finance and in monitoring Third Sector projects, as well as organizing meetings and seminars focusing on social responsibility and human development since 1995.
- Creator of the *Contbem* Program – financial literacy for young people.
- She is a member of the Goetheanum's Economics Conference



**Luiza Helena T. Lameirão**

**[luiza.lameirao@gmail.com](mailto:luiza.lameirao@gmail.com) – Module 14 = 4UN**

- Pedagogue graduated from the Faculty of Education at USP, she initially dedicated herself to the education of young children.
- She has worked with Waldorf Pedagogy, dedicating herself to classroom practice and training Waldorf teachers since 1979.
- Guest teacher for pedagogical and medical courses and conferences in Brazil, and international conferences within the scope of Waldorf Pedagogy.
  - She is the co-founder of *Colégio Waldorf Micael*, *Instituto Olinto Marques de Paulo* and *Aliança pela Infância*.

Author of books, including: *Child Playing! Who educates her? Ball and Doll, Throughout the year – atmospheres, reflections, festivities, Pebbles – what secret do they tell?* all for parents and educators, and *Cheiro de Terra Molhada*, for children.



**Maria Regina Redondo**

[reginaredondo@gmail.com](mailto:reginaredondo@gmail.com) – Module 13 = 4UN

- Curative Pedagogue/Therapeutic Education
- Postgraduate in Hospital Psychology
- Coordinator of the Parsifal Charitable Association
- Member of the Parsifal Training Coordination Group
- Training Representative in Kassel
- President of FETTS - Federation of Therapeutic Education and Social Therapy of Brazil.